

PEANUT SUSTAINABILITY 101 QUIZ

Choose the best answer for each question based on the notes taken from the peanut sustainability 101 discussion.

- 1. What are some of the key characteristics of sustainable food?**
 - A. Foods produced without harmful pesticides and chemicals
 - B. Foods that are safe and healthy
 - C. Foods produced without non-essential growth promotion supplements
 - D. All of the above

- 2. How many gallons of water are required to produce 1 ounce of peanuts?**
 - A. 28.7
 - B. 26.7
 - C. 3.2
 - D. 23.6

- 3. Being a deep-rooted crop peanut roots can grow more than ____ feet underground.**
 - A. 2
 - B. 3
 - C. 4
 - D. 6

- 4. Peanuts plants create a canopy of vines and adjust their growing cycle based on water availability which contribute to water conservation.**
 - A. True
 - B. False

- 5. Peanut butter is an economical source of protein and does not require refrigeration making it one of the most requested items by U.S. Food Banks.**
 - A. True
 - B. False

- 6. Peanuts are zero waste plants. Give three examples of items created from the peanut plant.**

1) _____ 2) _____ 2) _____

- 7. What item can be made from the American peanut?**
 - A. Biodiesel
 - B. Livestock Feed
 - C. Fireplace Logs
 - D. All of these items

- 8. Peanuts are equipped with more than ____ essential vitamins and nutrients.**
 - A. 10
 - B. 20
 - C. 30
 - D. 40

- 9. Which of the following has the smallest carbon footprint of any nut?**
 - A. Almonds
 - B. Peanuts
 - C. Walnuts
 - D. Pistashios

- 10. Peanuts are a legume and the most water use efficient nut produced in the world.**
 - A. True
 - B. False

